EORP VHD II registry Contemporary management of heart valve disease

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Declaration of interest

• Consultancy for Edwards Lifesciences

• Speaker's fee from Boehringer Ingelheim and Novartis



Rationale and Objectives

- Valvular heart disease is a leading cause of mortality and morbidity in Europe and the number of patients will continue to grow.
- Management of valvular disease has been subject to a number of changes between the Euro Heart Survey in 2001 and 2017:
 - European guidelines of 2007 and 2012,
 - less invasive treatments: TAVI, transcatheter edge-to-edge mitral valve repair,
 - introduction of a multidisciplinary Heart Team approach.
- Objectives of the EORP VHD II registry:
 - to analyse existing practices in the management of patients with native heart valve disease or any previous valvular intervention,
 - to compare these practices with existing ESC guidelines.

Eligibility Criteria



Inclusion Criteria:

✓ Signed Informed Consent,

✓ Aged 18 years or older,

✓ Severe native valve disease as defined by echocardiography using an integrative approach according to ESC/EACTS Guidelines 2012, **OR**

✓ Previous intervention on a cardiac valve (percutaneous balloon dilatation, transcatheter intervention, valve repair, valve replacement).

• Exclusion Criteria:

✓Acute infective endocarditis at the time of inclusion,

✓ Complex congenital heart disease,

✓ Valve intervention study impacting on clinical management.

Design



• Consecutive screening

ALL patients presenting to hospital for <u>inpatients</u>
 Weekly (day chosen by the centre) for <u>outpatients</u>
 During a 3-month period in each centre

- Choice of clusters to represent diverse type of healthcare structures

 University / Non-University / Private
 With / Without cardiac surgery, interventional cardiology
- Recommended number of clusters/centres provided by EORP according to country size

Enrolment

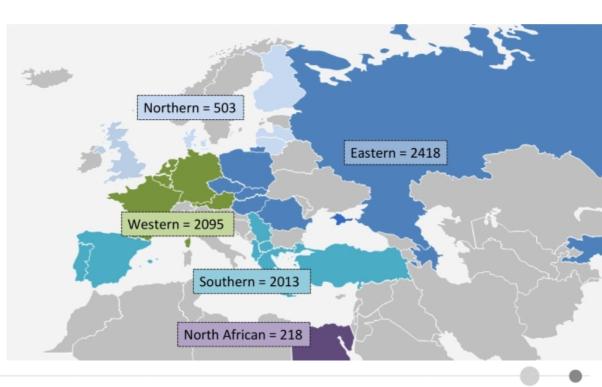
7247 patients included

(January-August 2017) in 222 centres from 28 countries

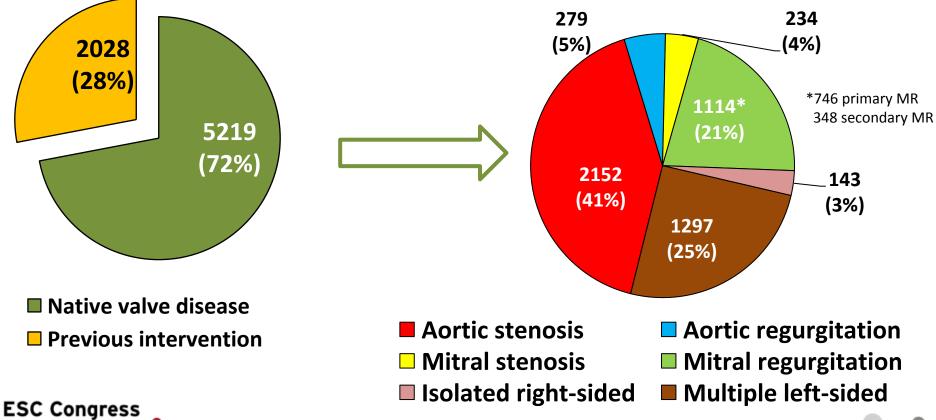
- 4483 (62%) inpatients

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- 2764 (38%) outpatients

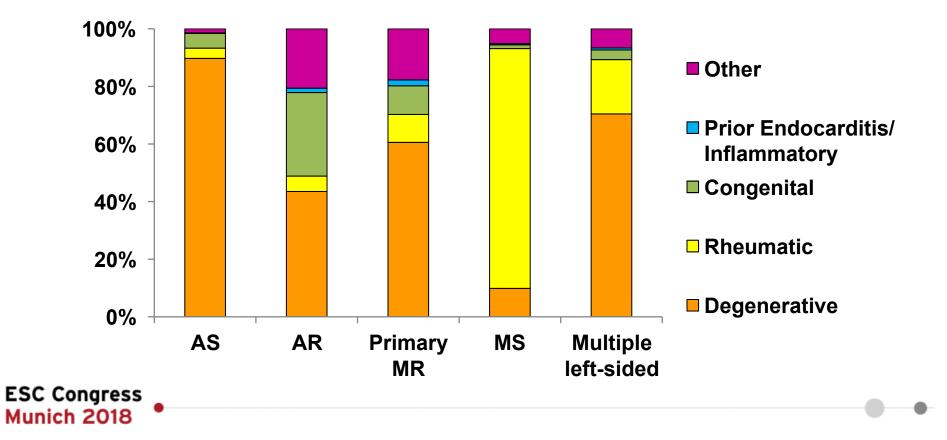


Distribution of Valvular Disease



Munich 2018

Aetiologies of Native Valve Disease



Patient Characteristics

	AS	AR	MS	MR	Multiple left	Isolated right	Previous Interv.
Age (years)	76 [67-83]	58 [48-69]	59 [45-68]	68 [60-77]	75 [65-82]	74 [65-81]	70 [59-78]
≥ 80 yrs (%)	38	6	6	17	33	26	36
Female (%)	43	19	75	44	54	59	21
HF < 1 yr. (%)	16	11	17	27	24	25	17
NYHA III-IV (%)	37	19	45	47	50	52	26
A. Fib (%)	14	6	46	35	30	57	32
Charlson index	4 [3-6]	2 [1-3]	2 [1-3]	3 [2-5]	4 [3-6]	4 [3-6]	3 [2-5]
Euroscore II	1.9 [1.1-3.4]	1.0 [0.6-1.9]	1.2 [0.8-2.2]	2.0 [1.0-4.0]	2.3 [1.3-4.7]	2.3 [1.4-4.3]	3.0 [1.6- 6.0]

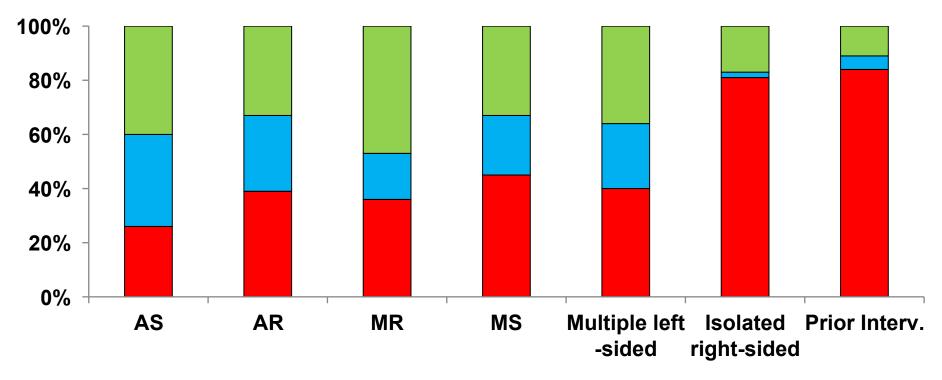
Investigations

	AS	AR	MS	MR	Multiple left	Isolated right	Previous Interv.
TEE (%)	10	24	37	37	21	11	14
Stress test (%) - all - NYHA I	3.1 6.1	4.3 6.1	3.8 7.4	3.8 8.1	1.5 1.7	2.1 0.0	2.4 1.6
CT scan (%)	27	21	2	4	16	4	8
CMR (%)	0.7	7.2	3.0	3.0	1.0	7.7	1.1
Coronary Angio (%)	63	44	24	49	54	24	17
Catheterization (%)	8	5	4	11	10	10	4

Echocardiographic Findings

	AS	AR	MS	MR	
LVEF ≥ 60%	53	38	57	40	
Valve area (cm ²)	0.7 [0.6-0.9] (n=1876)	-	1.0 [0.9-1.2] (n=208)	-	Available
Mean gradient (mmHg)	48 [40-59] (n=2090)	-	11 [8-15] (n=219)	-	in > 85%
Regurgitation (%)					
- moderate	9		8	Mi	sclassified
- severe	91		92		
ERO (cm²)	-	0.4 [0.3-0.5] (n=115)	-	0.4 [0.3-0.6] (n=630)	Available Available in <45%
Regurgitant volume (ml)	-	65 [52-80] (n=120)	-	58 [42-70] (n=570)	in <60%

Indications for Intervention



Intervention performed Intervention scheduled No indication

Concordance with Guidelines

Percentage of patients with class I recommendations for intervention (2012 ESC/EACTS Guidelines) in whom intervention was scheduled or performed.

All patients Symptomatic patie Asymptomatic patie		vention	Class I	% [95% CI]
Aortic stenosis	HH	1025	1291	79.4 [77.1-81.6]
	H	1009	1271	79.4 [77.1-81.6]
	· · · · ·	16	20	80.0 [56.3-94.3]
Aortic regurgitation	—	131	166	78.9 [71.9-84.9]
0.0		114	147	77.6 [69.9-84.0]
		17	19	89.5 [66.9-98.7]
Mitral stenosis		115	168	68.5 [60.8-75.4]
	—	115	168	68.5 [60.8-75.4]
Mitral regurgitation		328	475	69.1 [64.7-73.2]
mitarreguigitation		294	414	71.0 [66.4-75.3]
	←	34	61	55.7 [42.4-68.5]
• 40 50	60 70 80 90 10	0		

Patients Operated During the Enrolment Period

Single left-sided native valve diseases, n=1435

n=	AS 866	AR 93	MS 109	MR 367
Age (years)	75 [66-83]	57 [48-69]	56 [44-63]	66 [57-74]
Female (%)	44	17	77	42
NYHA III-IV (%)	48	34	52	43
LVEF ≥60% (%)	54	30	53	43
Charlson index	4 [3-6]	2 [1-3]	2 [1-3]	3 [2-5]
Euroscore II	2.0 [1.2-3.5]	1.1 [0.8-1.9]	1.1 [0.8-2.5]	1.9 [1.0-3.7]

Patients Operated During the Enrolment Period Single left-sided native valve disease, n=1435

n=	AS 866	AR 93	MS 109	MR 367
Intervention (%) Mechanical prosthesis Bioprosthesis Valve repair Autograft/Homograft Balloon dilatation Transcatheter	21 37 0.3 3.5 1.5 39	39 31 22 6.5 0 2.2	42 9.2 3.7 0 45 0	17 14 52 0 0 17
Other procedures (%) Tricuspid CABG Aortic surgery	0.6 15 4.2	2.2 12 37	28 4.6 0.9	33 15 0.8

Conclusion

- High burden of elderly patients.
- Underuse of quantitative methods in regurgitant valve diseases and rare use of stress testing in asymptomatic patients.
- Good concordance between guidelines and indications for interventions, in particular in aortic valve diseases.
- Late referral to interventions, in particular in mitral valve diseases.



The ESC Virtous Circle on Valvular Heart Disease





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