

# Bleeding and cancer risk in patients with vascular disease

**COMPASS Steering Committee and Investigators** 

### **Declaration of interest**

- Consulting/Royalties/Owner/ Stockholder of a healthcare company (honoraria and research support)



#### **Background**

- Community studies have shown that gastrointestinal (GI) and genitourinary (GU) bleeding may be the first sign of underlying cancer<sup>1,2</sup>
- The COMPASS trial demonstrated in patients with coronary artery disease (CAD) or peripheral artery disease (PAD) that rivaroxaban-based treatments compared with aspirin increased GI bleeding<sup>3</sup>
- It is not known whether GI and GU bleeding also unmasks GI and GU cancers in vascular patients receiving long-term antithrombotic therapy

<sup>1.</sup> Jones R, et al. BMJ 2007; 334: 1040. 2. Ford AC, et al. Gut 2008; 57; 1545-52.



#### **Hypothesis**

 In patients with vascular disease treated with antithrombotic drugs, GI and GU bleeding are associated with increased rates of new GI and GU cancer diagnosis



#### **Methods**

- COMPASS trial randomized 27,395 patients with stable CAD or PAD to receive rivaroxaban 2.5mg bid plus aspirin, rivaroxaban 5mg bid, or aspirin 100mg od
- Bleeding was defined according to the ISTH criteria (modified)
- New cancer diagnosis (first-ever cancer, or recurrent cancer in patients with a previous diagnosis in whom the cancer was thought to have been eradicated) was recorded at each follow up visit



#### **Analyses**

#### We examined:

- The proportion of new cancers diagnosed before and after bleeding
- The association between bleeding and new cancer diagnosis (using a stratified Cox proportional hazards model with bleeding modelled as a time-dependent covariate)
- The rates of cancer diagnosis according to randomized treatment



## Number of new cancers and proportion diagnosed before or after bleeding

Site	Total number of new cancers diagnosed	New cancers diagnosed after bleeding		
	during COMPASS	N	%	
All	1,082*	257	23.8%	
Gastrointestinal	307	70	22.8%	
Genitourinary	138	62	44.9%	

<sup>\*</sup>Patients could have had more than one new cancer diagnosis



#### Association between GI bleeding and GI cancer

Population	Total New GI cancers (n=307)		HR (95% CI)	P value	
		N %			
GI bleeding					
After bleeding	901*	70	7.8	12.9	<0.0001
No prior bleeding	27,395	237	0.9	(9.77-17.0)	
Non-GI bleeding					
After bleeding	1,898*	29	1.5	1.77	0.004
No prior bleeding	27,395	278	1.0	(1.20-2.61)	

<sup>\*</sup>Excludes patients with bleeding who were diagnosed with cancer before the bleeding event



#### Association between GU bleeding and GU cancer

Population	Total N	New GU cancers diagnoses (n=138)		HR (95% CI)	P value
		N	%	(33 % CI)	
GU bleeding					
After bleeding	462*	62	13.4	83.4	<0.0001
No prior bleeding	27,395	76	0.3	(58.6-118.6)	
Non-GU bleeding					
After bleeding	2,301*	14	0.6	1.70	0.06
No prior bleeding	27,395	124	0.5	(0.97-2.99)	0.06

<sup>\*</sup>Excludes patients with bleeding who were diagnosed with cancer before the bleeding event



### Timing of cancer diagnosis in relation to bleeding

	Timing of GI and GU cancer diagnosis			
Site of cancer	Within	Between	More than	
	6 months	6 and 12 months	12 months	
	of bleed	after bleed	after bleed	
Gastrointestinal	54	6	10	
	(77.1%)	(8.6%)	(14.3%)	
Genitourinary	55	6	1	
	(88.7%)	(9.7%)	(1.6%)	



# Frequency of GI bleeding in year 1, 2, and 3+ according to randomized treatment: landmark analysis

Year	Rivaroxaban 2.5mg bid	Rivaroxaban	Aspirin
	+ ASA 100 mg od	5mg bid	100mg od
	N (%)	N (%)	N (%)
1	271/9,152	217/9,117	115/9,126
	(3.0%)	(2.4%)	(1.3%)
2	74/7,760	85/7,748	59/7,823
	(1.0%)	(1.1%)	(0.8%)
3+	35/3,829	29/3,815	30/3,917
	(0.9%)	(0.8%)	(0.8%)



### Frequency of GI cancer after GI bleeding in year 1, 2 and 3+

Year	Rivaroxaban 2.5mg bid	Rivaroxaban	Aspirin
	+ ASA 100 mg od	5mg bid	100mg od
	N (%)	N (%)	N (%)
1	22/268	18/216	8/114
	(8.2%)	(8.3%)	(7.0%)
2	6/72	6/81	5/58
	(8.3%)	(7.4%)	(8.6%)
3+	1/34	2/29	2/29
	(2.9%)	(6.9%)	(6.9%)



#### **Conclusions**

Among COMPASS patients with vascular disease on long-term antithrombotic therapy:

- More than 1 in 5 new diagnoses of cancer are preceded by bleeding
- GI bleeding and GU bleeding are powerful predictors of new GI and GU cancer diagnosis, respectively, and more than 75% of these cancers are diagnosed within 6 months of the bleed
- The early increase in GI bleeding with rivaroxaban-based treatments appears to be associated with earlier diagnosis of GI cancer



#### **Implications**

- The occurrence of GI or GU bleeding in patients receiving antithrombotic drugs should stimulate a vigorous search for cancer in the same organ system
- Extended follow-up of COMPASS trial participants may help to determine whether earlier diagnosis of GI cancer in patients with GI bleeding improves cancer outcomes



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COMPASS Steering Committee
National Leaders Offices
COMPASS Investigators
COMPASS Trial Participants
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### Cancer diagnosis by randomized treatment

Cancer	R+A (n=9,152)	R (n=9,117)	A (n=9,126)
Total	366 (4.0%)	365 (4.0%)	351 (3.8%)
GI	109 (1.2%)	111 (1.2%)	87 (1.0%)
GU	47 (0.5%)	42 (0.5%)	49 (0.5%)
GI or GU	155 (1.7%)	150 (1.6%)	136 (1.5%)
Non-GI, non GU	216 (2.4%)	221 (2.4%)	218 (2.4%)



# Frequency of new GI cancer in year 1, 2, and 3+ post randomization according to randomized treatment

Year	Rivaroxaban 2.5mg bid + ASA 100 mg od N (%)	Rivaroxaban 5mg bid N (%)	Aspirin 100mg od N (%)
1	52 (0.6%)	52 (0.6%)	38 (0.4%)
2	41 (0.5%)	41 (0.5%)	30 (0.4%)
3+	16 (0.4%)	18 (0.5%)	19 (0.5%)