Antithrombotic Strategy Variability In ATrial Fibrillation and Obstructive Coronary Disease Revascularized with PCI

THE AVIATOR-2 INTERNATIONAL REGISTRY

Usman Baber, MD MS
Ridhima Goel, MBBS
on behalf of the AVIATOR-2 Investigators







Disclosures

Honoraria – AstraZenca; Boston Scientific

AVIATOR-2 was partially funded by BMS/Pfizer



Background

- Patients with atrial fibrillation (AF) undergoing percutaneous coronary intervention (PCI) present unique challenges given the number of potential antithrombotic strategies, treatment durations and overlap in ischemic and bleeding risk.
- Existing tools to estimate risk (CHA₂DS₂VASc and HAS BLED) were developed in AF cohorts that are distinct from PCI populations.
- Therapeutic approaches and factors influencing clinical decisions in a contemporary AF/PCI cohort are not well characterized.

Index PCI

- •All-comer PCI
- Non-valvular AF
- Multicenter, multinational

Study Schema

Physician Questionnaire

Patient Questionnaire What is your subjectively perceived risk of adverse ischemic cardiac outcome for your patient?

Very low

Low

Intermediate

High

Very High

What is your subjectively perceived risk of adverse bleeding outcome for your patient?

Very low

Low

Intermediate

High

Very High

With my heart condition, I am most worried about:

- a) Stent related problem b) Heart attack c) Stroke
- d) Major Bleeding e) Frequent blood testing f) Death

I am convinced of the importance of my prescription medication:

Disagree Completely

Disagree Mostly

Not Sure

Agree Mostly

Agree Completely One year f/u

MACCE BARC 2-5

Study Aims & Objectives

Baseline

- To profile antithrombotic strategies in a contemporary AF/PCI cohort
- To examine the level of agreement between subjective and empiric assessments of risk
- Identify factors influencing choice of antithrombotic therapy.

Longitudinal

- Characterize adherence patterns over time and in relation to treatment strategy
- Quantify the predictive value of risk scales on discriminating composite ischemic (MACCE all-cause death, MI, def/prob ST, stroke, CD-TLR) and bleeding events.

Statistical Considerations

Analytic Approach

- Patients groups according to antithrombotic regimen at discharge
- One-year event rates estimated using the KM method
- ROC curves to assess risk discrimination. Ordinal logistic regression to model association between risk scale and antithrombotic strategy

Sample Size and Power

- Power calculation required total sample of 2500 patients to detect a HR for non-triple Rx versus triple Rx of 0.73
- Study stopped enrollment due to lack of funding, resulting in a final cohort of 514 patients

Baseline Characteristics – Overall

	n=514
Age (years)	73.09 ± 9.01
Female Sex	132 (25.7%)
Caucasian Race	450 (87.5%)
Diabetes Mellitus	199 (38.7%)
eGFR < 60 ml/min/1.73m ²	232 (45.1%)
Previous MI	136 (26.5%)
Previous Stroke	14 (2.7%)
ACS presentation	261 (50.8%)
CHA ₂ DS ₂ -VASc	4.23 ± 1.32
HASBLED	2.99 ± 0.7

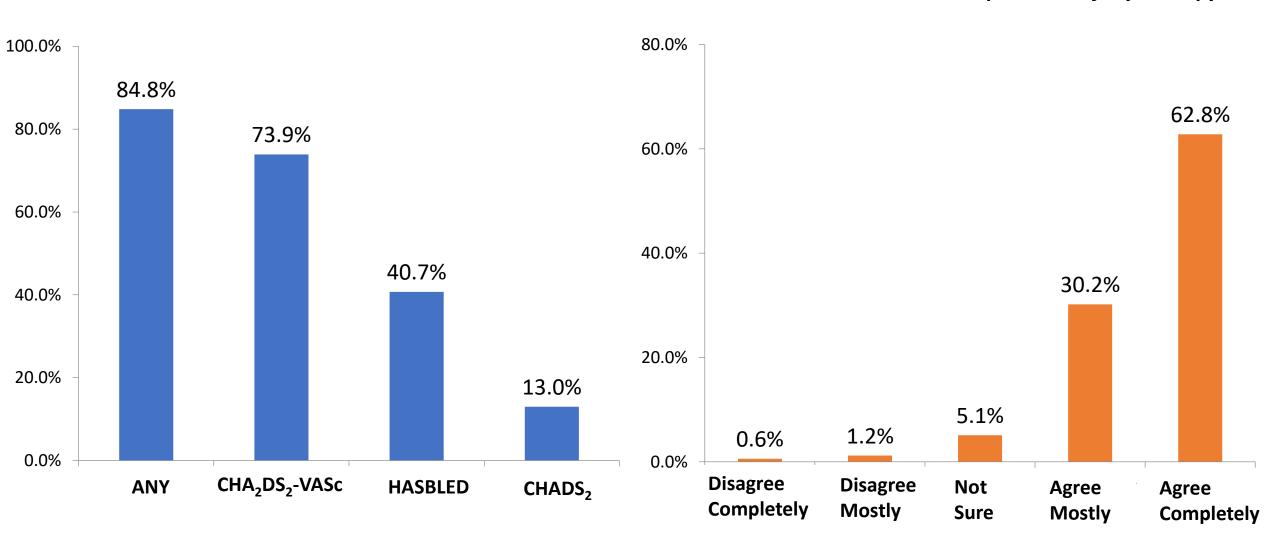
Selected Survey Responses

Physician Questionnaire

Patient Questionnaire

Which risk scores influenced your decision?

I am convinced about the importance of my therapy

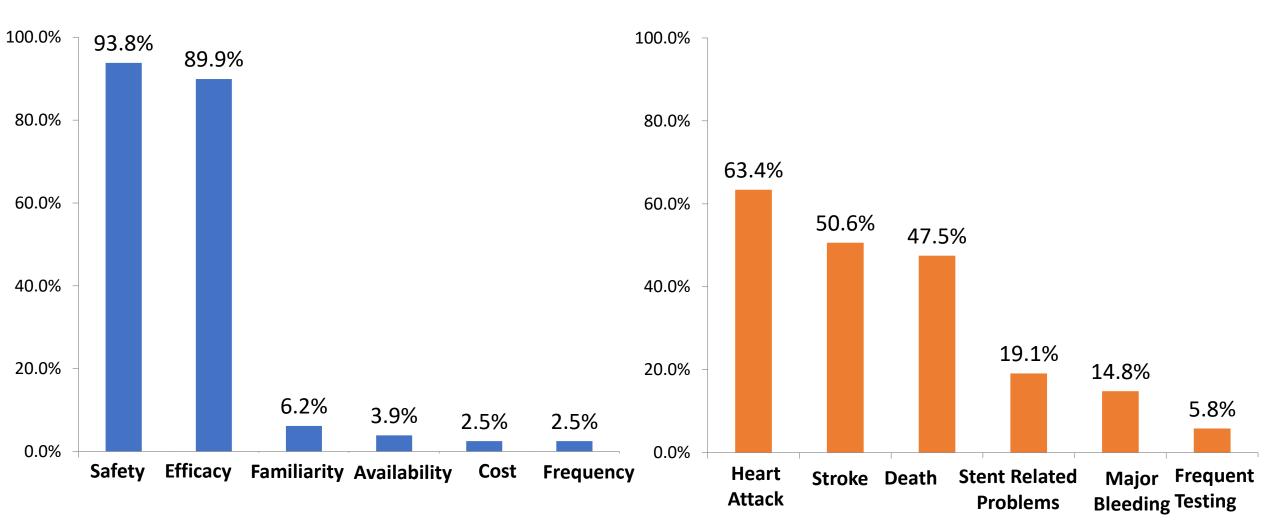


Selected Survey Responses

Physician Questionnaire

Patient Questionnaire

Which 2 factors were the most important in making your decision With my heart condition, I am most worried about (Select 2)



Pharmacotherapy at Discharge

ENROLLED N – 514

Triple Therapy

 $(OAC + P2Y_{12} + ASA) = 338 (66.5\%)$

DOAC - 54.1% VKA - 45.9% CLOP - 95.6% TICA/PRAS - 4.4% ASA - 100%

508

Dual Therapy

 $(OAC + P2Y_{12}) = 65 (12.8\%)$

DOAC - 72.3% VKA - 27.7% CLOP - 92.3% TICA/PRAS - 4.6% ASA - 3.1%

 $\underline{\mathsf{DAPT}}$ (ASA + P2Y₁₂) = 105 (20.7%)

CLOP – 85% TICA/PRAS – 15% ASA – 100%

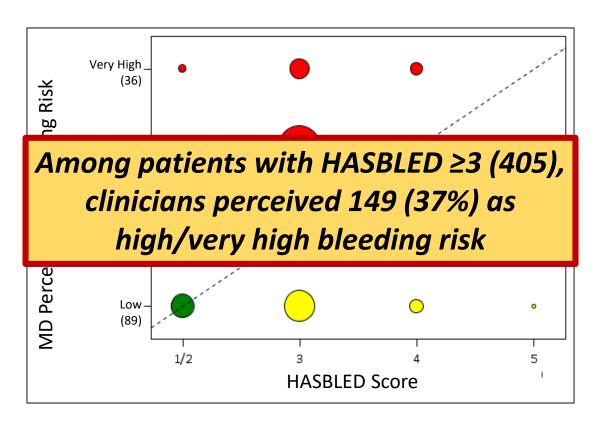
^{* 6} patients were discharged on monotherapy with Dabigatran and are not included in this analysis.

Empiric and Subjective Risk Agreement

ISCHEMIC RISK

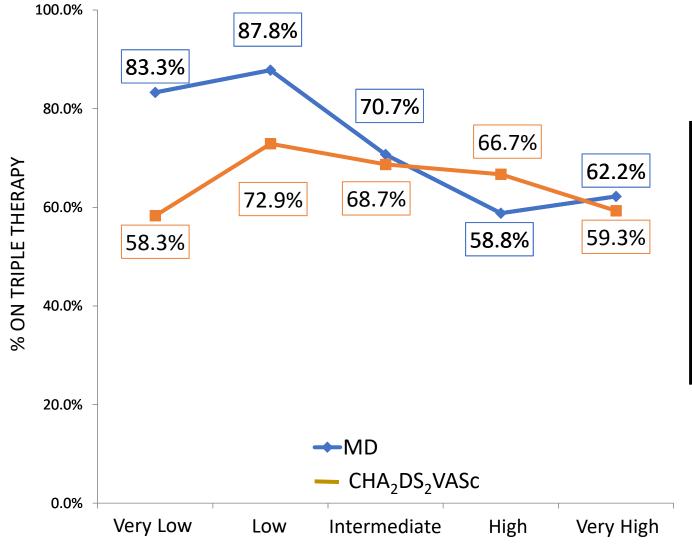
Very High ic Risk Among patients with CHA₂DS₂VASc >2 (465), clinicians perceived 231 (50%) as high/very high ischemic risk MD Perc Very Low 1/2 >5 CHA₂DS₂-VASc Score

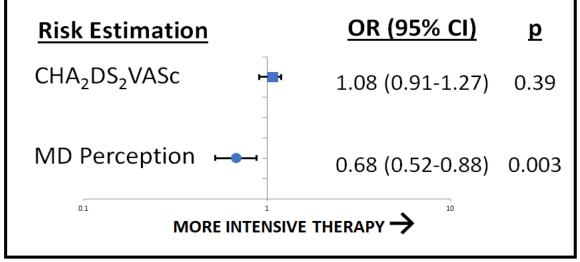
BLEEDING RISK



Concordance: 139 (27.0%) Concordance: 197 (38.4%)

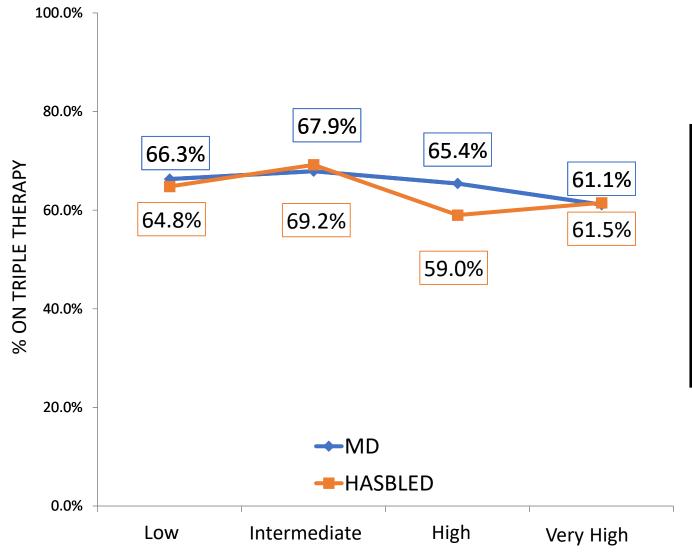
Subjective vs. Empiric Ischemic Risk & Discharge Rx

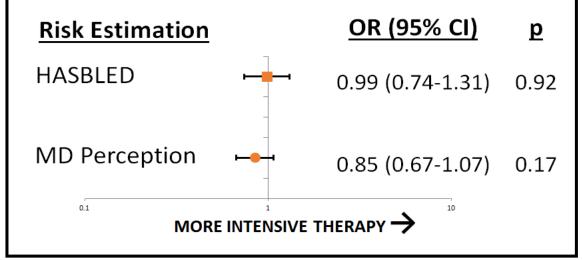




Models adjusted for region, race, smoking status, ACS, B2C lesion, stent length. paroxysmal AF, PVD

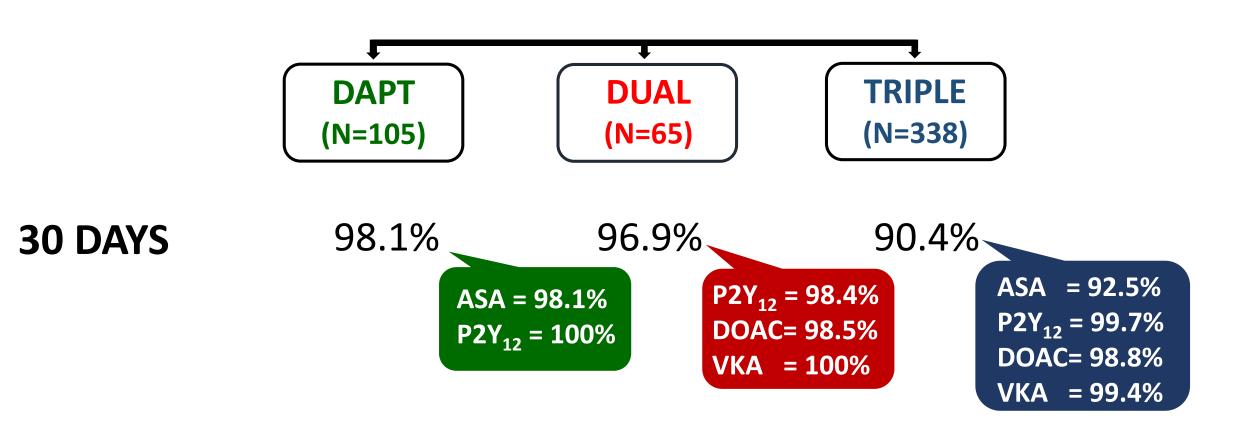
Subjective vs. Empiric Bleeding Risk & Discharge Rx



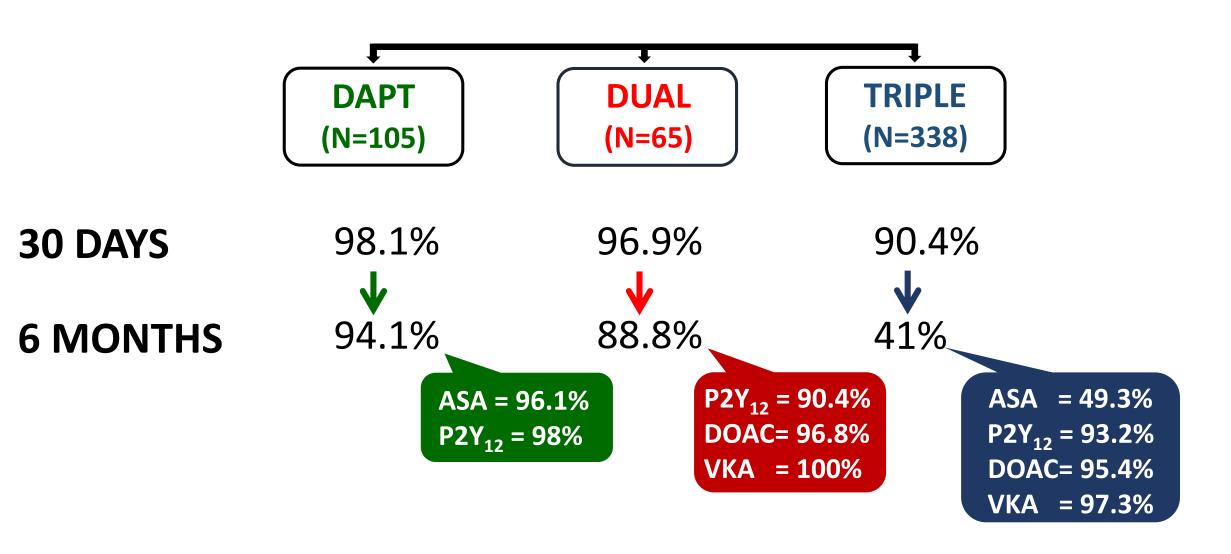


Models adjusted for region, race, smoking status, ACS, B2C lesion, stent length. paroxysmal AF, PVD

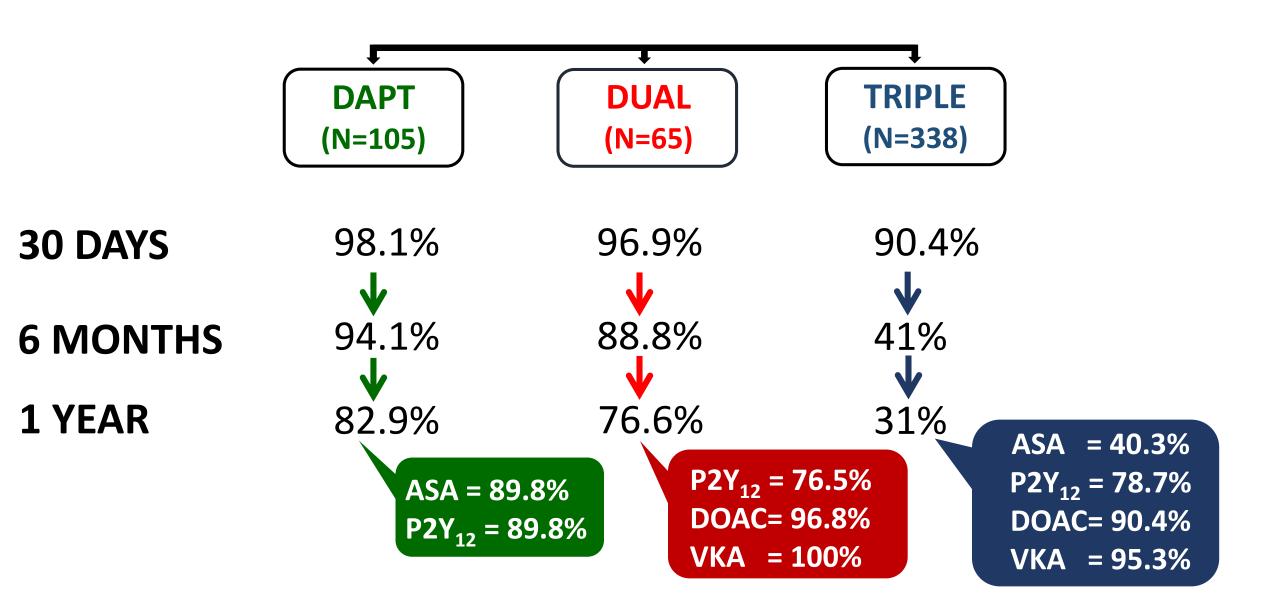
Medication Adherence Over Time



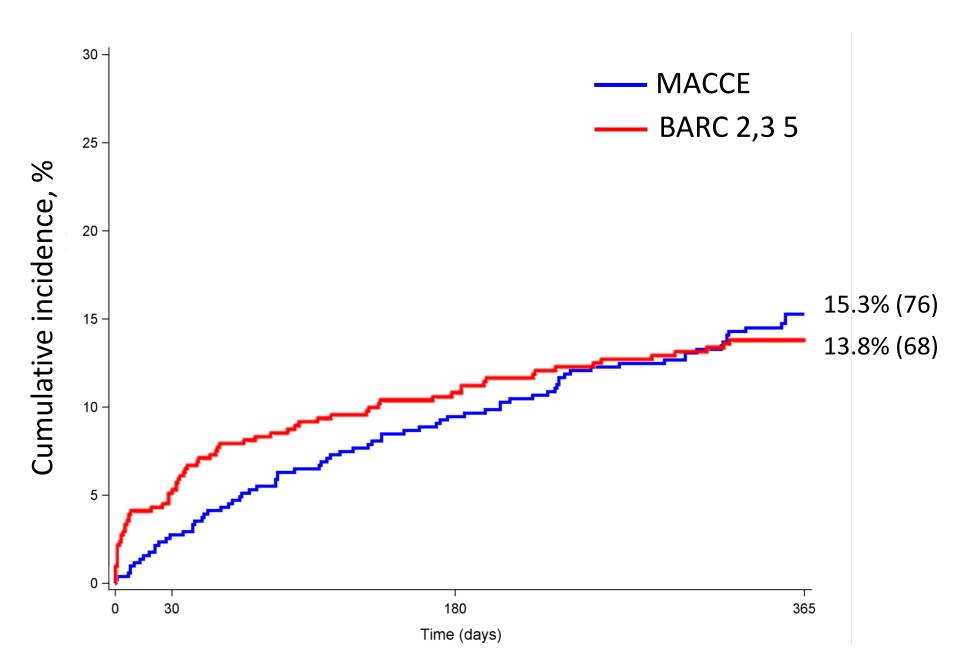
Medication Adherence Over Time



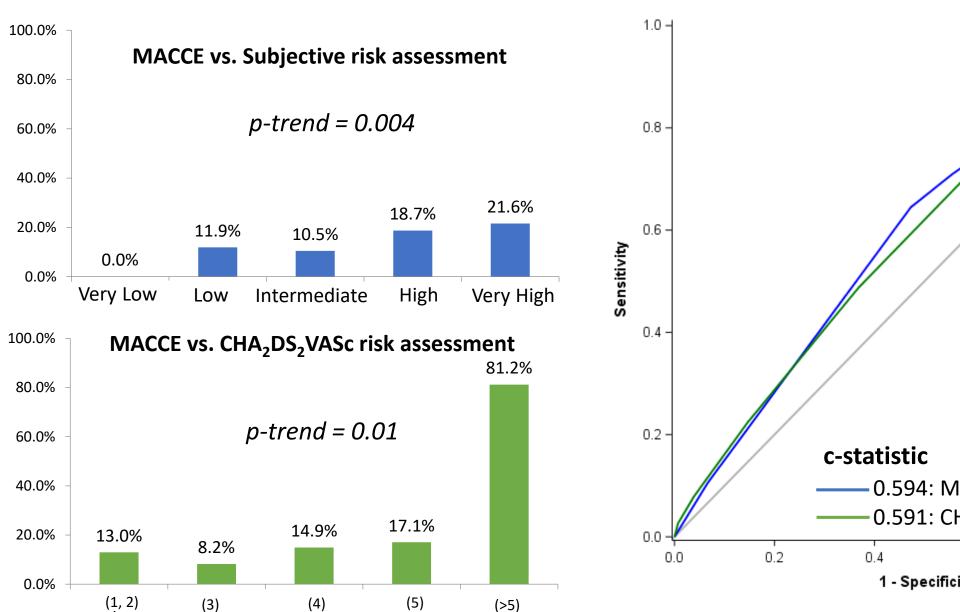
Medication Adherence Over Time

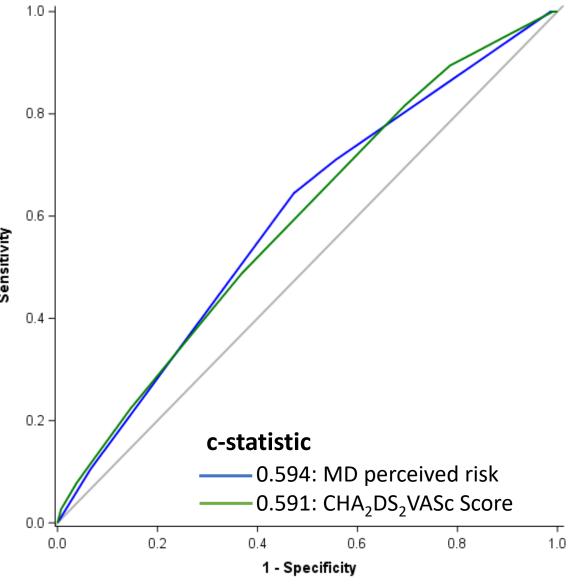


One-Year Event Rates

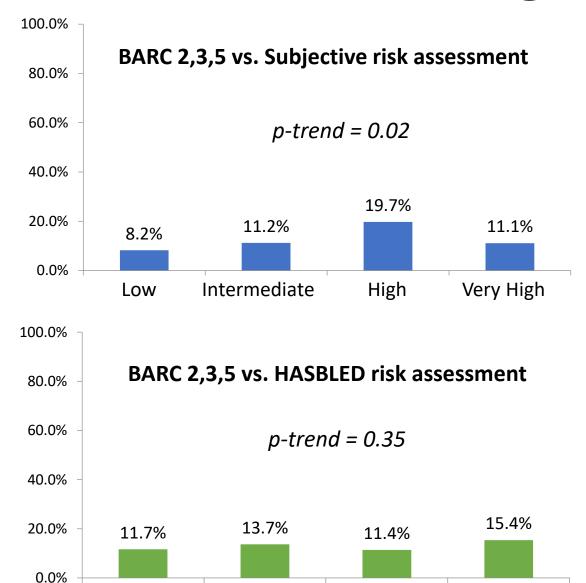


Ischemic Risk Prediction





Bleeding Risk Prediction

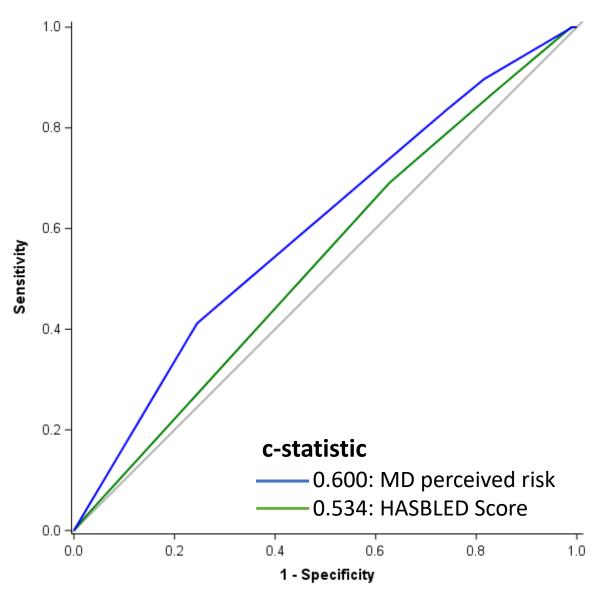


(3)

(4)

(≥5)

(1,2)



Limitations

Registry-based cohort does not allow for causal inference

- Follow-up limited to 1-year
- Specialized centers may limit generalizability

Insufficient power to detect differences in clinical outcomes

Conclusions

 Antithrombotic choices in AF/PCI patients are highly variable with greater adherence to OAC versus antiplatelet drugs

Novel tools to accurately quantify risk and inform clinical decisions are needed in complex patients with AF requiring PCI

• Vandated tools to quantity ischemic and bleeding risk in Art conorts perior fit poorly in AF/PCI patients

STUDY ORGANIZATION



Clinical Coordinating Center – Center of Interventional Cardiovascular Research at Icahn School of Medicine

Global PI – Dr. Roxana Mehran

Medical Lead – Dr. Jaya Chandrasekhar and Dr. Ridhima Goel

Project Management – Clayton Snyder and Alyssa Ramkissoon

AP design – Dr. Ashish Atreja- Chief Innovation officer, Icahn School of Medicine

Biometrics – Dr. Usman Baber- lead, Melissa Aquino- Biostatistics

Clinical Events Committee – Emma Woodoff-Leith (lead)



ACKNOWLEDGEMENTS – International Principal Investigators









Bernhard Witzenbichler, MD



Davide Capodanno, MD



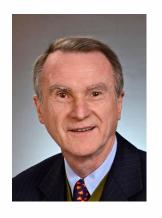
Gennaro Sardella, MD



Carlo Birgouri, MD



Alaide Chieffo, MD



Antonio Colombo, MD



Ioannis Iakovou, MD



ACKNOWLEDGEMENTS – USA Principal Investigators





Richard Shlofmitz, MD



Annapoorna Kini, MD



Thomas Stuckey, MD



Anthony DeFranco, MD



Kevin Marzo, MD



Thank you for your attention

Questions and Comments to:

Usman.Baber@mountsinai.org
Goel.Ridhimagoel@mountsinai.org
Roxana.Mehran@mountsinai.org

